

***Agawam Catalyst***  
***June 2012***  
***Agawam's On-Line Hometown***  
***News***

Kathy Shepard, Editor  
 413-786-3672

[agawamcatalyst@gmail.com](mailto:agawamcatalyst@gmail.com)  
<http://www.tinyurl.com/agawamcatavst>

**2012 Memorial Day Parade**



**Grimaldi and Burzduk Realtors- 35 years in business  
 Car chauffeured by Jack Moccio – '55 Chevrolet Belair**



**Parade Marshal – Charlie Calabrese with  
 Mayor Richard Cohen seated in back**



**Friends of Agawam Senior Center  
 Lauren Forastiere and Joan Linnehan with banner**



**Veterans Council – Memorial Day Parade**



**Agawam St. Patrick's Committee –  
 Colleen, Court  
 And Annie Sullivan Award recipient**



**Frank Mazzei**



Bird Watching- Robinson State Park

**Robinson State Park Day**  
**Saturday, June 16th**  
**428 North Street, Agawam, MA**

**Co-Sponsored by The Friends of Robinson State Park and the Dept. of Conservation and Recreation**

**Major new highlight this year:**

**The Watershed on Wheels (WOW) Express is coming to Robinson:**

**The Express is a traveling exhibit designed to engage children of all ages in the beauty and wonder of the Connecticut River Watershed. There is a walk through 28 foot trailer and seven interactive kiosks. Educational and Fun!**

**Open to the public 10 am – 2 pm**

### Schedule of Events:

Park Opens at 8 am with **John Hutchison** of the Allen Bird Club leading a bird walk. All other activities begin at 10 am in the Day Use Area and are ongoing until about 2 pm

**Gini Traub**, Regional Environmental Education Coordinator for DCR and **Burt Freedman**, lead educator with the ECOS program for the Springfield School System will lead nature explorations in the Robinson Pond and at the edges of the forest

**Sharon Vasicek**, Agawam elementary school teacher, will facilitate "nature weavings" for elementary school aged children, on looms made of recycled paper board. Volunteers will help young children color and identify wildflowers, trees and forest animals.

**Matt Largess**, ("Twig") Arborist from Rhode Island, will lead easy hikes to Big Trees and through the Tornado damage.

**Rod Parlee**, Bolton Ct. Conservation Commission will teach and demonstrate stream assessments

**Dave Conley**, hike leader from the Appalachian Mountain Club, Berkshire Chapter, will lead a longer hike. All hikes are contingent upon DCR determination that trails are safe enough to open.

The **Westfield River Watershed Association** is planning their annual **Canoe Cruise** on the Westfield River, beginning at noon in Westfield and ending in Robinson State Park about 3 pm. Please check their website for the latest information:

<http://www.westfieldriver.orevents.html>



For all Robinson State Park activities, please bring your own food and water There is no additional charge beyond the standard admission of \$5 per car entry. Agawam, MA –Robinson State Park Day is an annual event to celebrate, appreciate and enjoy this state park with all its many benefits to our surrounding communities. Please join us. Bring your own food and water. There is no additional charge beyond the \$5 admission charged for each vehicle that enters the park. Sponsored by the Friends of Robinson State Park and The Dept. of Conservation and Recreation. For questions, email [robinsonfriends@comcast.net](mailto:robinsonfriends@comcast.net) or call 413 – 568 – 9379 -

Free Estimates • Fully Insured

**P&S TREE SERVICE**

PAUL BROZ – Owner

- Tree Removal • Fire Wood
- Stump Grinding • Pruning
- 24 Hr. Emergency Service

**413.562.4004**  
**Toll Free 866.41.TREES**

24 BROZ TERRACE • FEEDING HILLS, MA 01030

## WRWA HOSTS ANNUAL WEST SPRINGFIELD FISH LADDER OPEN HOUSE

Sunday, June 3, 2012

The Westfield River Watershed Association is hosting the annual open house at the West Springfield fish ladder located on the Westfield River on Sunday, June 5 from 10:00 am to 3:00 pm. The fish ladder, opened in 1995 at the large dam on the site, provides access to upstream waters for migratory fish. An underwater viewing window offers viewers a chance to see fish returning to the river and its tributaries to spawn. Species that may be spotted include American shad, Atlantic salmon, sea lamprey and blueback herring. Experienced guides will explain the operation of the fish ladder and offer insights into the life cycles of the fish. During the 2011 migration season, the 15<sup>th</sup> year that the West Springfield fish ladder was in operation, the Mass. Division of Fisheries and Wildlife reported that migrating or anadromous species that were passed upstream included 5,029 American shad, 1,509 sea lamprey and 7 American eel. Nine Atlantic salmon were trapped and transported to the US Fish and Wildlife salmon station in Sunderland, Mass. Non-anadromous species documented passing upstream included white sucker, brook trout, brown trout, rainbow trout, tiger trout and small-mouth bass. So far this spring, as of May 21, 5,802 American shad, 176 gizzard shad and 238 sea lampreys have been counted, but no salmon yet. Check out <http://www.fws.gov/r5crrc/fish/daily.html> to follow this year's numbers. This once-a-year chance to visit the fish ladder is free to the public. Parking is available in the former Southworth Paper Company parking lot at 150 Front Street in West Springfield. A half-mile-long, flat path leads from the parking lot to the dam where the fish ladder is located. The event will be held rain or shine. Flat path leads from the parking lot to the dam where the fish ladder is located. The event will be held rain or shine. The open house is sponsored by the Westfield River Watershed Association in cooperation with A&D Hydro, Inc., Southworth Paper Company and the Mass. Division of Fisheries and Wildlife. For more information, visit [www.westfieldriver.org](http://www.westfieldriver.org) or call Bill Rose at 413-



786-0195. [WestfieldRiver1764@gmail.com](mailto:WestfieldRiver1764@gmail.com) Contact: Lynn Bannon for WRWA 413-454-5264 [lynnbannon@earthlink.net](mailto:lynnbannon@earthlink.net)

### West of the River Chamber of Commerce Announces Annual Breakfast Meeting

The West of the River Chamber of Commerce will hold its annual breakfast meeting at Chez Josef, 176 Shoemaker Lane, Agawam on Thursday, June 7<sup>th</sup> 2012 from 7:00 to 9:00 am. WRC will recognize the service of Chairman Remo Pizzichemi & the 2011-12 Board of Directors and will thank them for their service and dedication to the Agawam and West Springfield business community. WRC will also welcome Michael Beaudry as the next Chairman along with the 2012-2013 Board of Directors. To mark this occasion, WRC has invited Seth Mattison of BridgeWorks to be the keynote speaker for the morning. Mattison has worked with companies as diverse as General Electric, General Mills, Prudential, and the University of Notre Dame. Mattison's keynote speech offers valuable insights and actionable solutions that Traditionalists, Boomers, Gen Xers, and Millennials can use to bridge generational gaps, become more productive, and achieve organizational success. For more information about this event or sponsorship opportunities, contact WRC at [info@ourwrc.com](mailto:info@ourwrc.com) or call us directly at (413) 426-3880.



E-mail: [BGAGAWAM@aol.com](mailto:BGAGAWAM@aol.com)

*Betty Grimaldi, G.R.I.*  
REALTOR

GRIMALDI & BURZDAK REALTORS  
431 SPRINGFIELD STREET  
AGAWAM, MA 01001

OFFICE: (413) 789-0310  
FAX: (413) 789-0402



**Agawam –Newer quality built 7-room Ranch offers all the extras. Open floor plan, 2 car garage on level ½ acre lot \$419,900. Contact Betty 789-0310 [www.grimaldiburzduk.net](http://www.grimaldiburzduk.net)**



FREE ESTIMATES

## DEVENO LANDSCAPING

DAVID DEVENO  
P.O. BOX 80  
E. LONGMEADOW, MA 01028  
(413) 746-9065

LAWN MAINTENANCE  
LANDSCAPE DESIGN  
MULCHING • SHRUB TRIMMING  
Commercial & Residential

DEVANO LANDSCAPING spring clean-up, weekly maintenance, bobcat service, shrub trimming, new lawns, new landscaping. Free estimates – residential or commercial. Call 13-746-9065 or 413-657-9293

BE A LOCAL HERO | buy locally grown



OUR OWN FRESH PICKED  
**STRAWBERRIES**  
**RADISHES**  
**ASPARAGUS**

### THE STAND IS NOW OPEN WITH FRUITS & VEGETABLES!

Now is the time to get your plants in - and whether you like annuals, perennials, herbs, roses, or vegetables, we have a huge, healthy selection to get your garden off to a great start! Geraniums, impatiens, heirloom tomatoes, hot peppers, and lots more to choose from – morning glory, lavender, basil, Proven Winners, hanging baskets and mixed planters, too.

Seeds | organic potting soil | bird baths | garden statuary

## E. Cecchi Farms

1131 SPRINGFIELD STREET 🍷 FEEDING HILLS, MASS.

*"Everything you'd grow if you had forty acres."*

### Agawam Small Business Assistance Center Seeks Volunteers to Assist with New Business

The Agawam Small Business Assistance Center has announced that they are looking for additional volunteers to staff their office in the Agawam City Hall to assist with new business in the Valley. The Center was launched in January 2002, through the combined efforts of Mayor Cohen, the City of Agawam and the Springfield Technical Community College Enterprise Center. The Center fosters economic growth and client education by providing free professional counseling, workshops and other supportive services to area entrepreneurs who want to start or improve their businesses in Agawam and the surrounding communities. During its ten years of operation, the center has received hundreds of requests for counseling on such subjects as: starting up; business loans; marketing and sales; accounting; taxes; human resources; inventory control; employee training; technology, computer systems, legal direction and business planning. Counseling is provided by SCORE, and is held on an appointment basis. The ASBAC is seeking enthusiastic, motivated members of the business community to serve a few hours per month to answer phones, direct new business people to the center's appropriate contacts and other related duties. Many of the volunteers are retired from the business community or currently in business within the region. You do not have to be an Agawam resident to volunteer. If you are interested in being a part of this important business resource please call Debra Dachos, Director of Planning and Community Development at the Agawam Small Business Assistance Center. (413) 786-0400 ext 283 or contact **Contact: Dee Emery – Ferrero (413) 888-4019**



422 COOPER ST.  
AGAWAM, MA 01001  
786-3212



413-789-0015  
Leave Message

### Custom Sewing By Ann

• Alterations • Dressmaking • Bridal •  
• Pillows • Cushions • Window Treatments •

MARY ANN MARZANO

Ann Jackobek

61 Meadowbrook Road  
Agawam, MA 01001




**Dr. Tami Nelson**  
Hampden County Chiropractic  
546 Springfield Street  
Feeding Hills, MA  
phone: (413) 786-4820  
fax: (413) 786-7003  
email: drtami@drtaminelson.com

## Hampden County Chiropractic

### Dr. Tami Nelson

#### Dr. Nelson's Spring Column

#### **NUTRITIONAL TIPS FOR PEOPLE WHO SUFFER WITH A SPRAIN/STRAIN OR SOFT-TISSUE INJURY**

- **DON'T STOP TAKING MULTI-VITAMINS!** WHEN WE ARE INJURED, OUR REQUIREMENTS FOR NUTRIENTS INCREASE. OFTEN TIMES MANY PEOPLE STOP TAKING VITAMINS AT A TIME WHEN THEY NEED THEM THE MOST. DON'T MAKE THAT ERROR, CONTINUE WITH A GOOD MULTIVITAMIN OR MAKE SURE TO EAT FOODS THAT ARE FORTIFIED IN VITAMINS (CEREALS, PROTEIN DRINKS, SMOOTHIES OR SPORTS BARS) AT LEAST ONCE PER DAY.
- **TAKE EXTRA VITAMIN C!** VITAMIN C IS NOT ONLY GOOD FOR COLDS OR INFECTIONS, BUT GOOD FOR INJURIES TOO. FOR A BASIC SPRAIN/STRAIN/ CONTUSION/INFLAMMATORY-TYPE TRAUMA, START WITH APPROXIMATELY 10 MG PER POUND OF BODY WEIGHT IN DIVIDED DOSES WITH MEALS. FOR EXAMPLE, A 140-150 LB PERSON WOULD TAKE 500 MG THREE TIMES PER DAY WHILE THEY RECOVER FROM INJURY. TRY TO PURCHASE VITAMIN C THAT INCLUDE BIOFLAVONOIDS (AT LEAST 50 MG FOR EACH 500 MG OF VITAMIN C), WHICH HELPS REDUCE INFLAMMATION AND REPAIR DAMAGED TISSUE.
- **DRINK TWO EXTRA GLASSES OF WATER OVER WHAT IS NORMALLY CONSUMED**
- **EAT PROTEIN THREE TIMES PER DAY** APPROXIMATELY .75 GRAMS OF PROTEIN PER POUND OF BODY-WEIGHT SATISFIES THE EXTRA REQUIREMENTS DURING TIMES OF INJURY. THIS IS ALSO WHAT IS NEEDED FOR PEOPLE WHO ARE EITHER HEAVY EXERCISERS OR PARTICIPATE IN ATHLETIC COMPETITIONS AND TRAINING.
- **MAINTAIN YOUR WEIGHT** IF YOU ARE ON A WEIGHT-LOSS DIET AND GET INJURED, FREEZE YOUR FOOD INTAKE AT A LEVEL THAT WILL CAUSE NEITHER WEIGHT GAIN OR LOSS. WEIGHT LOSS CAN STRESS A SYSTEM THAT IS ALREADY STRESSED CAN LEAD TO PROLONGED HEALING TIMES. ONCE YOU FEEL BETTER, YOU CAN DECREASE CALORIC INTAKE AND RESUME THE DIET.

**IF YOU ARE INJURED, TAKE THE TIME TO HEAL PROPERLY, IN THE LONG RUN IT IS WELL WORTH YOUR TIME!! (Thanks to G. Douglas Anderson, a chiropractor who writes in the Dynamic Chiropractic magazine).**

**CALL OUR OFFICE TODAY FOR YOUR SPRING ADJUSTMENT! HERE'S TO A HAPPY AND HEALTHY SPRING!!**



My Office is located at  
546 Springfield Street  
Feeding Hills, MA 01030  
Phone# 413-786-4820  
Please visit my website!!



**ALAN L.  
FERRIGNO  
ESQ.**

100 Main Street  
Agawam, MA  
(413) 786-9454

**HAVE YOU BEEN INJURED?**

- AUTO ACCIDENTS
- MEDICAL MALPRACTICE
- WRONG PRESCRIPTION
- BOATING ACCIDENTS
- NURSING HOME INJURIES
- SLIP & FALL INJURIES

Please call for free appointment!

Attorney Ferrigno also specializes in:

- DIVORCE/CHILD SUPPORT/CUSTODY
- BUSINESS CORPORATIONS & LLC'S
- WILLS & TRUSTS
- LITIGATION
- DWI DEFENSE
- ESTATES & ELDER LAW
- MEDICAID PLANNING

Over 32 years professional experience

[WWW.ALANFERRIGNO.COM](http://WWW.ALANFERRIGNO.COM)

*Former Selectman, Board of Health Chairman  
and Town Attorney for the Town of Southwick, MA*

**Legal Memo by Attorney Alan L. Ferrigno**

36 Years Professional Experience

**Motorcyclist Slams Face-First Into Side of Swerving Car**

The 37 year-old plaintiff was driving his motorcycle when the defendant, who was operating a company owned car, swerved into his lane and caused him to crash into the side of the car. The plaintiff suffered major facial fractures, a concussion, blindness in one eye and numerous orthopedic injuries. He underwent two facial reconstruction surgeries, and although he was left with no major facial disfigurement, his left optic nerve was damaged in the course of one of the surgeries, leaving him legally blind in that eye. The plaintiff, a high school graduate, was earning approximately \$95,000.00 a year as a network engineer at the time of the collision. While he is unable to return to his vocation due to his injuries, it is likely that he will be able to work in some capacity. The degree of his loss of earning capacity was disputed by the parties. A neuropsychologist diagnosed the plaintiff with mild cognitive deficits. The diagnosis was disputed by the defendant's expert, who was prepared to testify that there was no evidence that he suffered from any cognitive deficits. The plaintiff also underwent arthroscopic surgeries on his shoulder for a torn labrum and his ankle for nerve pain, which persisted for some time after the collision. He also suffered from depression, which rendered him unable to resume his career and engage in recreational activities. He is able to drive a car, exercise at a gym, live independently, do household chores such as minor yard work and, cleaning, and cooking, and care for his daily needs. The case settled at the end of an all day mediation two weeks before the scheduled trial dated.

Plaintiff's settlement: \$3.75 million



**Richard A. Cohen**

36 Main Street  
Agawam, MA 01001

(413) 786-0400 ext. 8520

(413) 786-4520 Direct

(413) 786-9927 fax

[mayor@agawam.ma.us](mailto:mayor@agawam.ma.us)

**Mayor**



**Dave Raiche**      **PRESIDENT**

Phone: (413) 789-4110  
 Fax: (413) 789-3745  
 Email: [Dave@RaicheConsultants.com](mailto:Dave@RaicheConsultants.com)

**Springfield  
Turnverein**

*Catering to— Weddings, Banquets,  
Parties and Receptions*

**FULL LOTTERY**

**KARAOKE – FRIDAYS AT 8 pm**

**Two Rooms Available with seating  
up to 250 people**

**176 Garden Street, Feeding Hills**

**Garden S. Exit Just Off Rt. 57**

**Call 413-786-0924**

## Variety is the spice of life, and of fundraising events

Annual Fundraising Event for Agawam Cultural Council's "Give Back to the Community Program" to feature Variety Show format.

(Agawam, Mass.) After hosting musical concerts for the past several years to raise funds for its "Give Back to the Community Program", the Agawam Cultural Council is presenting something new – in the form of a variety show. The show is scheduled for **Sunday, October 14, 2012 from 2-4 PM** at the Agawam Senior Center located at 954 Main Street, Agawam and will feature "something for everyone." Doors will open at 1:15 PM, with general seating. Directing the show will be veteran performers **Marilene Allen and Lyle Pearson, co-directors of Feeding Hills' Red Door Theatre**. The duo is assembling a roster of performers, from singers, dancers, and instrumentalists to puppeteers, magicians, and mimes. Admission is \$12 for adults, \$10 for seniors, and \$5 for children. Tickets will go on sale July 1, 2012 and will be available at the Agawam Cultural Council booth at Agawam's popular SummerFest concert series held at Veterans Green. Tickets will also be available by calling Andrea LaPlace at 413-786-6753 or by mail to Agawam Cultural Council, Agawam Town Hall, 36 Main Street, Agawam, MA 01001, Attention: Benefit Show (please include a self-addressed, stamped envelope). Please request wheelchair seating when ordering tickets. Beginning September 19, 2012, tickets will also be available at the Agawam Senior Center on Wednesdays and Thursdays from 10:30am-12:30pm. In 2011, the Agawam Cultural Council's *Give Back to the Community Program* made possible: a writing contest open to all Agawam residents with prizes in all six categories; a full stage production of Macbeth by Shakespeare & Co. at the Agawam High School for students and the public; Springfield Symphony Orchestra's Musical Petting Zoo presented to kindergarten students at each of Agawam's Elementary Schools; the *Applause Series* - monthly events from September to May, free and open to the public, featuring a variety of performers; tickets to Majestic Theater Summer Programs for children participating in an Agawam Public Library-held contest, donations to the Agawam Public Library, Captain Charles Leonard House, the Friends of the Agawam Public Library Art and Photo Shows, and PVJFF, and giveaways for children at Agawam's SummerFest concert series. For more information visit the Agawam Cultural Council website, [www.agawamcc.org](http://www.agawamcc.org) The Agawam Cultural Council is an all-volunteer local partner of the Massachusetts Cultural Council, a state agency, and is funded, in part, by the MCC. The ACC is charged with bringing engaging, entertaining, and educational events and opportunities in the arts, humanities, and sciences, to children and adults from Agawam and the surrounding communities.



PHOTO CAPTION: Marilene Allen and Lyle Pearsons (far right), co-directors of Feeding Hills's Red Door Theatre, will bring their special brand of variety show entertainment to the Agawam Senior Center, 954 Main Street, Agawam, on Sunday, October 14, 2012. The show promises "something for everyone" and will benefit the Agawam Cultural Council's "Give Back to the Community Program".

Ad sponsorships will be available for the "Give Back to the Community Program" printed program at the following rates:

|                                  |                         |       |   |
|----------------------------------|-------------------------|-------|---|
| Full Page Ad, Back Cover         | 4 1/4 wide x 7 tall     | \$200 | Receive 4 complimentary tickets to the show |
| Full Page Ad, Inside Front Cover | 4 1/4 wide x 7 tall     | \$150 | Receive 3 complimentary tickets to the show |
| TAKEN                            | 4 1/4 wide x 7 tall     | \$150 | Receive 3 complimentary tickets to the show |
| Full Page Ad, Inside             | 4 1/4 wide x 7 tall     | \$100 | Receive 2 complimentary tickets to the show |
| Half-page Ad                     | 4 1/4 wide x 3 1/2 tall | \$50  | Receive 1 complimentary ticket to the show  |
| Quarter-page Ad                  | 4 1/4 wide x 1 3/4 tall | \$25  |   |

## Cinema Clips

By Peter Boadry

**Avengers**--When an unexpected enemy emerges that threatens global safety and security, Nick Fury, Director of the International peace keeping agency known as S.H.I.E.L.D., finds itself in need of a team to pull the world back from the brink of disaster. 4 Stars\*\*\*\*Very Good\*\*\*See in 3D or 2D!

**Battleship**--A fleet of Battleships do battle with an Armada of unknown origins to try and discover why they are here and what their ultimate goal is? 3 Stars Good\*\*\* (Plus a love story as well!)

**Cabin in the Woods**--Five friends go to a remote cabin in the woods, and bad things happen! (Horror fans might enjoy it!) 3 Stars Good\*\*\*

**5 Year Engagement**--A look at what happens when engaged couple, Violet and Tom, keeps getting tripped up on the long walk down the aisle and the strain it puts on their relationship. 3 Stars Good \*\*\*

**Mirror Mirror**--A fresh and funny retelling of one of the most beloved stories of all time of the Snow White legend. Seven courageous rebel dwarfs join forces with Snow White as she fights to reclaim her birthright and win her prince from the evil Queen! 3 Stars Good\*\*\*

**Pirates and Band of Misfits**--With a rag tag crew at his side and seemingly blind to impossible odds stacked against him, the pirates Captain has one dream: to beat his bitter rivals Black Bellamy and Cutlass Liz to the much coveted "Pirate of the year award." (Also in 3D and 2D) Cartoon 2 Stars Fair \*\*\*

**Raven**-- When a madman begins committing horrific murders inspired by Poe's darkest works, a young Baltimore detective joins forces with Poe in a quest to get inside the killers mind to stop him from making every one of Poe's brutal stories a reality. 3 Stars Good\*\*\*

**Safe**--When Luke sees a twelve-yr-old being pursued by the same gangsters that killed his wife, he jumps into action and straight into a high stakes war. Realizing he's the only person she can trust, he tears through the City's brutal underworld. 4 Stars Very Good\*\*\*\*

**Salmon Fishing in the Yemen**--When Britain's leading fishing expert is approached by a consultant to help realize a Shiek's vision of bringing the sport of fly fishing to the desert. He immediately thinks the project is absurd and unachievable, but when the Prime Minister's overzealous press secretary latches onto it as a "Good Will story" this unlikely team will put it all on the line and embark on an upstream journey of faith and fish to prove the impossible, possible. 2 Stars Fair\*\* (has a love story too)

**Think Like a Man**---Four men find their love lives shaken up after the ladies start taking advice from a book. When they learn this, they conspire using the book's insider information to turn the tables and teach the women a lesson of their own. 3 Stars Good\*\*\*

**Baystate Health**  
baystatehealth.org

**BLOOD DRIVE**

At  
Agawam Congregational Church  
745 Main Street, Agawam

Tuesday, June 12, 2012  
10 a.m. to 2 p.m.

Requirements:  
•Appointments not necessary--  
WALK-INS welcome  
•A picture ID is REQUIRED  
•You must be 17 years old or older  
•You must be in good health  
•You must weigh at least 110 lbs.

**"Make A Difference,  
Save a Life Today!"**

**STRAWBERRY SUPPER**  
June 16 at 5:30 p.m.

Agawam Congregational Church  
745 Main Street  
Agawam MA 01001

**MENU**  
Delicious Ham, Homemade Potato Salad, Cole Slaw,  
Baked Beans, Fresh Rolls, Coffee & Tea  
Homemade Strawberry Shortcake with freshly baked  
biscuits and REAL whipped cream

ADULTS: \$12.00 CHILDREN under 12: \$5.00  
For reservations, please call the church office at 786-7111.





**Carol Bernazki, who caters great meals and special events at Agawam Senior Center, was chosen as Polish Elk of the Year. A celebration was held at The Elks on Tiffany Street, Springfield, May 16<sup>th</sup>, 2012. A certificate of recognition was presented by Mayor Sarno.**

**Turnverein Oktoberfest Fundraiser** - Friday, June 22, 2012 -6:30pm  
Family Style Dinner, Salad, Bread, Pasta, & Chicken Cacciatore Dessert,  
coffee, tea  
\$12.00 Adult  
6.00 Children ( 12-under)  
tables of 10 can be reserved. For tickets please see Annie or call 786-0924  
Tickets are pre-sold and none will be available at the door

176 Garden Street, Feeding Hills , Ma



## *Fun Freebies*

By Nova Bonzek

Here's something to do the next time you clean out your basement, attic or garage. You can help other people out, while lessening the clutter. Most of us have items that are in good shape, but for whatever reason we don't use them any more. Some may have been gifts, or purchases we made that sounded good at the time, but just didn't pan out. Also, sometimes there are items we need or would like to have but don't want to pay high prices. Maybe they just haven't come down enough to fit our budget, or haven't yet been on sale. There's an answer to both situations: Freecycle. This is a site is similar to Craigslist or other want-ad sites, but with a nice twist – everything's free! So instead of putting that old television, computer screen or exercise equipment that's just taking up space, we can do better than putting these items out on the tree belt for trash collection. We can not only recycle – but Freecycle! It's true that in some cases when we place things out for the trash, someone comes by and takes the items. In other cases, scrappers looking for metal might ignore a perfectly good TV and just cut the cord for the small amount of copper inside. It seems a terrible waste either way. Recycling, where possible is an excellent alternative. Some people just don't have the time to have yard sales, or may not be able to have them as often as they like. Or they may have one, but still be left with a lot of items they'd hoped would sell. Post an ad on freecycle.org, and problem solved! Most items go within a day or two, depending on demand, of course. You can exchange private emails and only give pickup information to people you trust. You do not need to publicly post your personal address. However, if you want a certain person to pick up items on your tree belt, you can private message them that information. Also you may post items you would like to obtain free, rather than buy them new, which ultimately creates waste in the long run. These things do add up over time, and with so many people dumping perfectly good items, it really adds up. So it's important to do our part to prevent unnecessary waste. If you believe that items that still function properly and may still have years of use, Freecycle is for you. If you want to help the environment by creating less waste, freecycle is an excellent choice. The site is set up according to locations, and there are usually a few to pick from in surrounding towns. Living in a consumer society trying to go "green," sites and services like Freecycle are indispensable. Posting, viewing and replying to ads is free, as is sign up. Check it out today: [freecycle.org](http://freecycle.org) you'll be doing your part by helping the environment, and also doing good deeds for someone else in need. Pay it forward..



**Jeannie Boudreau, Branch Manager of Academy Mortgage, watches as Mayor Richard Cohen cuts ribbon at new location at 723 Main Street, Agawam**

**Coffee House for Cool Cats Joins Lovers of Cats and Music Together at Agawam Senior Center**



**Sandra Linder and Kathy Shepard did a duet – What’s The Buzz warms up in background**



**Darcy Davis made presentation on the history of the bugle**

THANK YOU ALL WHO CONTRIBUTED TO OR ATTENDED Coffee House for Cool Cats, held at Agawam Senior Center on May 18<sup>th</sup> to benefit Agawam Friends of Homeless Cats, which attracted several cat lovers as well as music fans. The music could not have been better, starting out with Ruth Carr on piano and followed up with great harmonies and song selections by What’s the Buzz, who also donated the use of their sound system for the benefit of all musicians. Al Rosatti sang The Cat Came Back and performed backup guitar for several duets and solos. Karl Knapp played guitar and sang, accompanied by Darcy Davis on trumpet. Jack Yourous pulled out some well-known songs, such as This is For All The Lonely People. Sunshine on My Shoulder and That Lucky Old Sun, accompanied by guitar, were sung by Joan Linnehan and Kate Shepard, and Summer Song was performed by Sande Linder and Kate Shepard. Mark Grimaldi made his first public performance singing The Dolphin Song, accompanied by guitar. Video was taken by Nova Bonzek. Green Mountain donated the coffee. Joan Linnehan contributed tambourine to many songs and donated cookies, milk, sugar, cat-themed balloons, and her efficiency in setup and cleanup. Thanks to all who helped bring equipment and bags of cat food to the cars and thanks for a healthy supply of donated cat food. Help from Kathy Meyer at the door rounded out this relaxing and enjoyable evening. Check out the great performances on You Tube at <http://www.youtube.com/user/friendshomelesscats?feature=mhee>

**Upcoming Events at Agawam Public Library**

**Answers to Your Legal Questions presented by Hampden County Legal Clinic – Monday, June 4<sup>th</sup> 2012-6:30 pm to 8:30 pm**

Attorneys from the Hampden County Legal Clinic will hold a public forum at the Agawam Library, to answer general legal questions. Specific questions are areas of interest may be emailed in advance directly to HCLC at [hampdencountylegalclinic@verizon.net](mailto:hampdencountylegalclinic@verizon.net) The Hampden County Bar Association’s Legal Clinic works in conjunction with the Western New England College School of Law and is sponsored by the Bank of Western Massachusetts. The HCLC is a legal aid program that assists individuals at no charge who have limited financial resources and who meet specific eligibility guidelines. Please register for this event by calling 789-1550 X 4 or at [www.agawamlibrary.org](http://www.agawamlibrary.org)

**AuthorTalk with Michael Aloisi –Author of Unmasked – Tuesday, June 12<sup>th</sup> 2012 at 7:00 pm**

Agawam native Mike Aloisi returns to present his latest book, **Unmasked – True Life Story of the world’s Most Prolific Cinematic Killer – Kane Hodder**- Kane Hodder is synonymous with horror. His role as Jason Voorhees in the Friday the 13<sup>th</sup> series came to define the character feared by millions of fans. **Unmasked** documents Kane’s life as a boy who was taunted by bullies as a child to his love of doing stunts as an adult. For the first time, Kane tells the story of the burn injury that nearly killed him at the start of his career. Mike Aloisi is the author of several books. He created AuthorMike Ink publishing company, which he oversees while working on his own writing projects, including scripts and starring two upcoming reality shows. To register for this event, please call 789-1550 X 4 or online at [www.agawamlibrary.org](http://www.agawamlibrary.org) Contact Wendy McAnanama at [wmcananama@agawamlibrary.org](mailto:wmcananama@agawamlibrary.org)



Who says cats have bad taste in television?



In a press release from the Office of Planning and Community Development, It was recently announced that Michael Morassi stepped down from his position on the Agawam Planning Board at the May 17<sup>th</sup> meeting. Morassi has served on the Planning Board for eight years. He cited additional time commitments due to his new job and family. Mayor Richard Cohen presented him with a citation in recognition of his years of service and thanked him for his commitment and loyalty to his community and dedicated years of service. Morassi attended close to two hundred meetings and has acted on twelve new residential subdivisions, the completion of the Agawam Regional Industrial Park, the Agawam Senior Center and new commercial developments such as Agawam Crossing, CVS, Easthampton Savings Bank, McDonalds, and the long awaited Feeding Hills Wendy's. Deborah Dachos, Director of Planning and Community Development, said, "Michael has been a pleasure to work with. He served as the Liaison between the Planning Board and the Engineering Department, requiring many hours of meetings to discuss the technical details relating to new projects. The Board relied on his regular updates and deep understanding of each project. He will be genuinely missed." Morassi is a lifelong resident of Agawam, has been married to wife Anna for twenty-four years, and has three children. Morassi reflected, "Back nine years ago I wanted to serve the town as something other than a resident and coach. I decided that the best fit for my background in sales and engineering would be the Planning Board. It provided me the opportunity to help balance the need for responsible growth through the addition of residential housing, business development, and other areas while ensuring the preservation of Agawam's small town character. The Planning Board is supported by a great professional staff including (but not limited to) the Office of Planning and Community Development, Inspections Services, Engineering, DPW, the Mayor's Office, and the list goes on. I thank everyone for the opportunity and privilege to serve this great town.



1194 SPRINGFIELD STREET

FEEDING HILLS, MA 01030




RICHARD VINCUNAS, D.V.M.

TEL. (413) 786-8828

Agawam Cultural Council will meet June 12<sup>th</sup> at 7:00 pm at the Agawam Public Library, 750 Cooper Street, Agawam. The meeting is open to the public. If you have an interest in providing diverse cultural events for the town, a great opportunity exists with the Agawam Cultural Council (ACC). This all-volunteer organization, appointed by the mayor and funded, in part, by the Massachusetts Cultural Council, is looking for new members. The ACC is charged with bringing engaging, entertaining, and educational events and opportunities in the arts, humanities, and sciences, to children and adults from Agawam and the surrounding communities. Bob Kadis, Chair - Agawam Cultural Council Phone: [413-789-4814](tel:413-789-4814) Email: [r.kadis@comcast.net](mailto:r.kadis@comcast.net) ACC web site: [www.agawamcc.org](http://www.agawamcc.org)

**PARTHENON RESTAURANT**



835 Suffield Street  
Agawam, MA 01001

**786-7941**



**Parthenon Restaurant serves the freshest seafood in the area! Parthenon Restaurant is a comfortable, family-friendly restaurant with daily specials created by talented chef and owner Wladimir Duarte and prepared exactly the way you request. Dine in or take out. Sign up for the Parthenon Pizzeria Restaurant Rewards Card. Points are earned at a rate of five base points per dollar spent. When 1500 points are earned a \$5 coupon will be issued! Come in and see what we have on special today! We change the specials daily!**

**WESTERN MASS WOMEN MAGAZINE PRESENTS**

Peter Picknelly Sr.  
*Women In Business*  
**Scholarship Golf Tournament**  
Sponsored by  
**Peter Pan**



**June 26, 2012**

**The Ranch Golf Club**  
65 Sunnyside Road, Southwick, MA

**DEADLINE FOR SIGNUP IS JUNE 19<sup>TH</sup> 2012**

**Golfers \$130.00 ea.**  
Registration 11am Tee Time 12:30pm  
GPS Golf Cart  
Bar-B-Que Lunch • Awards Dinner  
Raffle, Silent Auction and Prizes

**Open for all, men and women!**

**Prizes:**  
Closest to the Pin (man & woman)  
Longest Drive (man & woman)  
Closest to the Line (man & woman)  
Hole In One!

A *Silent Auction* with all proceeds going to the Peter Picknelly Sr. "Women in Business" Scholarship Fund

**SPONSORSHIPS WANTED.**  
For more information on being a sponsor please contact us at (413) 888-4019 or info@westernmasswomen.com

**Deadline for signup is June 19th 2012**

**GOLFER REGISTRATION**

Golfer \_\_\_\_\_  
Company \_\_\_\_\_  
Phone Number ( ) \_\_\_\_\_  
E-mail \_\_\_\_\_

Golfer \_\_\_\_\_  
Company \_\_\_\_\_  
Phone Number ( ) \_\_\_\_\_  
E-mail \_\_\_\_\_

Golfer \_\_\_\_\_  
Company \_\_\_\_\_  
Phone Number ( ) \_\_\_\_\_

### **STORROWTON VILLAGE TO HOST INTERACTIVE TOUR: STORROWTON AND THE CIVIL WAR**

Storrowton Village will present an interactive, educational tour titled Storrowton and the Civil War, Tuesday, June 12 from 6-7 p.m., offering an inside look at how folks in the northeast coped with the Civil War and the absence of our men who were called to duty or joined the patriotic fervor. Participants will meet “townspeople” and hear their personal stories and points of view regarding the Civil War. Storrowton Village volunteers will be portraying the characters of the time as our visitors travel through the Village’s historic buildings meeting residents, shopkeepers, farmers, family members, and tradesmen along the way, all with information and their own experiences to share. The tour will begin in the Storrowton Village Meetinghouse with an abolitionist, an advocate for ending slavery in the U.S., delivering a speech, and will then move to the Blacksmith Shop where folks will learn about job opportunities and the increase in manufacturing during the war and how that impacted tradesmen. Continuing on to the parlor of Potter Mansion, visitors will gain insight into the women’s efforts to support troops through sewing and making clothing, which was in scarce supply. The next stop will be the Potter General Store for an ear on a conversation between a shopkeeper and customer about the separation of the southern states, lack of cotton textiles, and how suppliers and consumers from both the North and South were affected. The tour concludes in Gilbert Farmstead, where the group will experience the family’s preparation for the wake of one of their members who died while in service to his country. The storytelling tour recognizes the 150th anniversary of the beginning of the Civil War. Those who are intrigued and fascinated by Civil War history and want to learn more about life during this period, are urged to attend this unique and educational learning experience. Storrowton Village plans to present four such programs each year. Reservations are required and the price to attend is \$7 per person. Please note: The program contains vivid descriptions of wartime violence and injury that may not be suitable for young audiences. Those interested may call the Village at [413-205-5051](tel:413-205-5051) or email [storrow@TheBigE.com](mailto:storrow@TheBigE.com) for more information.

### **DONALD WILSON RECIPIENT OF BIG E AGRICULTURAL ADVENTURERS AWARD**

The New England Fellowship of Agricultural Adventurers presented Donald Wilson, of Lexington, Mass., treasurer of Wilson Farm, with the 2012 Agricultural Adventurers Award at the Annual Meeting of Eastern States Exposition, May 17, in West Springfield, Mass. Wilson is a member of the third generation to operate the 128-year-old Wilson Farm, with farm stands in Lexington, Mass., and Litchfield, New Hampshire offering a myriad of vegetables and flowers as well as incorporating a bakery, butcher shop, seafood counter, cheese shop and grocery department. The family farms over 500 acres of land, produces over 125 different crops year-round and is the epitome of “locally grown.” While the term “locavore” was coined in 2005, this farm has understood the value of locally grown produce since 1884 when the patriarch of the family, James Alexander Wilson arrived in the United States from Enniskillen, Ireland. He rented 16 acres of land to raise pigs and vegetables and establish an orchard. Donald Wilson and his late cousin Alan grew Wilson Farm to the successful, multi-dimensional agricultural entity it is today. After Alan’s death two years ago, his son Scott assumed the role of president overseeing purchasing and sales. Donald continues as treasurer and travels to New Hampshire daily to run the farm stand and crop production, while his son, Jim, leads the production end of the business, following in his father’s footsteps. Today, the Lexington Farm stand contains 36 acres. In 1956, Wilson Farm purchased the 150-acre Parker Farm in Litchfield, New Hampshire, and later acquired other parcels that now total 600 acres, 400 of which are cropland. With its 200 full and part-time employees, Wilson Farm produces over 100 different varieties of fruits, vegetables and herbs, and much of its seasonal crop is sold within hours of being harvested. Wilson Farm has grown to become a “foodie haven,” bursting at the seams with not only perfect produce, but delicious cheeses, farm-fresh milk and eggs, gorgeous cut flowers, fine meats and freshly caught fish, homemade dishes from its kitchen and fresh baked bread and decadent desserts in its bakery. Everything is either grown, baked or prepared on the premises. The grocery department offers glass-bottled milk, jams, nuts, trail mixes, dried pastas, candies, chocolates, old-fashioned soda pop, citrus juices, fruit beverages, health cereals, granola, real maple syrup, butter and cream cheese. They also offer taco ingredients, salad dressings, marinades, sauces, and more. A large greenhouse produces plants year-round for retail and wholesale outlets and they receive a nightly delivery of fresh flowers at Logan Airport for distribution to many large grocery chains throughout the area. They supply 450 shares in their Community Supported Agriculture and have 100 families on a waiting list. Any produce left over from CSA goes to their local food kitchen. A community leader, Wilson has served on the Lexington Housing Board for 28 years where he spent six years as chairman, is a member of the Rotary Club of Lexington and received the coveted Paul Harris Fellowship distinction twice. He spent many years as a town meeting member, is a Farm Bureau board member, a board member and past president of United Cooperative Farmers, and is past president of the Massachusetts Agricultural Club. He has served as a trustee of Eastern States Exposition since 1977, is a member

and past president of New England Vegetable Growers, and has served as a director of four banks. Five years ago, he founded (with two partners) Patriot Community Bank in Woburn, Mass., where he serves as Chairman. Wilson Farm received the Greater Boston Chamber of Commerce Small Business Award in 1992 and Wilson was voted Outstanding Citizen in Lexington, Mass., in 2002.

Information on the farm and all it has to offer is available at [www.wilsonfarm.com](http://www.wilsonfarm.com). Since 1953, the Fellowship of Agricultural Adventurers has honored outstanding leaders in New England agriculture. A special committee, appointed by the trustees of Eastern States Exposition, selects its annual fellow on the basis of innovation, pioneering and lifetime dedication to the betterment of agriculture. The Big E takes place September 14–30, 2012 in West Springfield, Mass.